



COMMUNITY ACTION TREKS LTD

Unit 7, Sunset Hill, Keswick, Cumbria, CA12 4RN

Tel: 017687 71890 Fax: 017687 71325

Email: info@catreks.com Web: www.catreks.com



Fiona Silberbach
Climbing Club
changingperspective@xln.co.uk

QUOTATION

Quotation Date: 14 December 2010

Land-only price per person: £1975

Quotation based upon the following:

Expedition Name: Climbing Club Climb - Climbing Group – Kyajo Ri

Land-only Dates: Autumn 2011

Itinerary: As outlined below

Minimum group size: 10

- Inclusions:**
- All transfers between Kathmandu airport & hotel accommodation.
 - Internal return flights between Kathmandu and Lukla.
 - 6 nights hotel accommodation on a B&B basis in Kathmandu.
 - Climbing permit, National Park permit and TIM.
 - Extra baggage allowance on internal flights, and extra portorage for climbing equipment.
 - Mixture of lodge accommodation and camping during trek (see itinerary below), all meals supplied during trek.
 - Services of a local leader (sirdar), sherpa guides & porters for days 3 -11 and days 17-21.
 - Services of cook team for days 7-11 and 17 – 18, including boiled drinking water.
 - During climb (days 12-16): food will be supplied, to be cooked by clients on own equipment.

- Exclusions:**
- International flights.
 - Lunches and dinners in Kathmandu.
 - Nepalese visa (currently £35 for 30 days).
 - Travel insurance.
 - Items of a personal nature eg drinks, laundry, phone, souvenirs.
 - Tips.
 - During trek: mineral water, extra drinks, bar/telephone bills, excess baggage / portorage costs etc.
 - During climb (days 12-16): the climb will be self-sufficient. No support crew will accompany the group. The sirdar, cook & sherpas will remain at camp 2.
 - Climbing equipment & sleeping bag. Small stoves and cooking equipment for days 12-16.

Quotation valid for 30 days from the date on this document.

Bookings are considered to be accepted upon receipt of a signed booking form and deposit as per booking conditions.

Itinerary:

| Day | Itinerary | Accommodation (H = hotel L = lodge C = camping) |
|-----|-------------------------------|--|
| 1 | Arrive KTM | H |
| 2 | Rest Day | H |
| 3 | Fly to Lukla trek to Phakding | L |



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|----|---|---|
| 4 | Phakding to Namche Bazaar | L |
| 5 | Namche Bazaar Acc Day - Ev View Hotel | L |
| 6 | Namche Bazaar Acc Day - Thame | L |
| 7 | Namche to Mende | C |
| 8 | Mende to Camp 1 | C |
| 9 | Camp 1 Rest/sort | C |
| 10 | Camp 1 to Camp 2 | C |
| 11 | Camp 2 Acc Day | C |
| 12 | Climbing Camp 2 to Col (self-supported) | C |
| 13 | Climbing (self-supported) | C |
| 14 | Climbing (self-supported) | C |
| 15 | Climbing (self-supported) | C |
| 16 | Climbing (self-supported) | C |
| 17 | Base Camp clear up | C |
| 18 | Descend to Mende | C |
| 19 | Night in Namche | L |
| 20 | Trek to Monjo | L |
| 21 | Monjo to Lukla | L |
| 22 | Fly to KTM | H |
| 23 | KTM | H |
| 24 | KTM | H |
| 25 | KTM | H |
| 26 | Depart KTM | |

Please don't hesitate to contact me if you have any questions about this quotation.

Many thanks for your enquiry

Ann Foulkes
Operations Manager - Groups