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REVIEWS.

THE HEART OF LAKELAND. L. J. OPPENHEIMER. Sherratt and Hughes. London. 6/- net.

THIS book contains many interesting reminiscences of days in the lakes, and will be welcome to all climbers. The illustrations are all good, and some, such as Lakeland in Winter, delightful.

Some valuable criticisms on unjustifiable climbs are given on page 93. The writer says: "There are many places—some on quite easy climbs—where, if the leader fell, the second man would have very little chance of saving him, owing to scarcity of belays. But in most of these places a climber would be no more likely to fall than would the average man from, say, a path along the edge of a cliff—where a slip would be equally dangerous." Climbers often fail to realize that (though the climbing may be quite easy), if the whole party are in an unsafe position, the utmost care must be taken to secure their safety.

Serious accidents usually occur on comparatively easy places. If a slip on the part of the leader is likely to pull off the whole party, the climb is undoubtedly unjustifiable, however unlikely it may be that the leader will slip.

But such places are rare if the rope is properly used. On the other hand, it is often impossible to help the leader, who, in case of a slip, might fall double the length of his run out even if the second were well belayed.

ICE BOUND HEIGHTS OF THE MUSTAGH. F. B. WORKMAN
and W. H. WORKMAN. London: Constable.

AN account of exploration in the Baltistan Himalaya. The illustrations are excellent, and there is much valuable material of an interesting character, but the descriptions are drawn out to a somewhat wearisome length.

If the authors could have avoided personal questions, and omitted the continual disputes which seemed to occur with their coolies, the work would have been far more readable.

The difficulties of exploration and high ascents in the Himalaya are well brought out, and no one who reads the book can fail to appreciate the thoroughness with which the scientific part of the expeditions was carried out.

THE JOURNAL OF THE FELL AND ROCK CLIMBING CLUB.
Vol. I. No. 2. 1908.

THE Journal maintains the high reputation it gained in the first number. Especially interesting are "With Map and Compass," by G. F. Woodhouse, and "The Rope as used in Rock Climbing," by C. H. Oliverson. In the latter article the writer emphasizes the important fact that the rope must, as a rule, be *held* over a belay. A little practice in this would be most valuable, as few climbers realize the difficulty of keeping the rope over a small belay if great strain is put on it. Another useful hint is that the third man should belay the second.

THE MOUNTAIN CLUB ANNUAL. No. 12. 1908.

THE Cape Town Section has 487 members, and is extremely flourishing. Its climbers range over most of South Africa, and the articles contributed to the Journal show the advantages of a wide field. Two are specially interesting—on South African Reptiles and Lost in the Rain Forest.